

# JOYRIDING WITH JASH

Long Term Travel Resources



## Long Term Travel Starter Kit

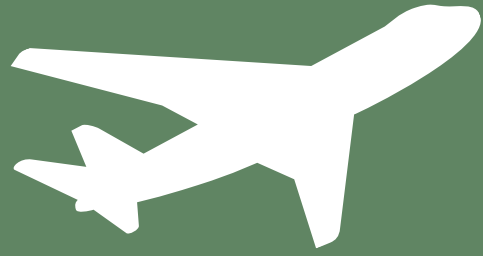
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Heyyy!

The pandemic was a wakeup call for almost everyone and that includes me. In the midst of the chaos, we saw that the time to go after what you wanted was NOW. The security of your job, health, and everything in between was flashing before our eyes. If that's not motivation I don't know what is. People are quitting their jobs, selling their belongings, transitioning into new industries, entering entrepreneurship and everything in between to obtain the life they once thought was unattainable. The days of being underpaid and overworked are now a thing of the past

For a lot of people, that meant finally preparing to move or travel abroad long term. That's where I come in. Let's get right into the 6 steps to long term travel.





# The 6 steps to **LONG TERM TRAVEL**

01

## **Figure Out Your Why**

This is the first step in preparing for long term travel or life abroad. Figuring out the motivation behind wanting to make this big change in your life is essential. Are you planning on taking a sabbatical or to quit your job entirely? Is this a permanent lifestyle change or a year of fun? Answering these questions will allow you to plan in the right way and relieve a lot of stress down the line.

02

## **How Do You Want to Travel?**

There are so many ways to travel and figuring out which one will work for you will give you direction and a path to move forward. Doing research on the different avenues can give you more insights on the various options. This can include reading articles and blogs (like mine 😊), using social media to find other people living the lifestyle you're interested in and joining Facebook groups dedicated to that style of travel or living.

**6 Long Term Travel Options  
on the Next Page**



# 5 Long Term Travel Options



## WORKING ABROAD

Working abroad is one of the best ways to travel long term and really experience fully immersing yourself in another way of life. Not only are you in another location, you're in another work environment where you'll get an inside look at the work culture in another country.



## WORK EXCHANGE/VOLUNTEERING

This type of travel consists of an exchange of your time and abilities for accommodation. This often also includes other benefits like food, discounts on tours, etc.



## TRAVELING OFF SAVINGS

Traveling off savings refers to saving a certain amount of money and then using that to see the world. Typically, people that choose this option are doing little to nothing to earn money while traveling. This style of long term travel is normally for a set period of time, but many people figure out a way to extend or transform it into a lifestyle.

1



## DIGITAL NOMAD (ME )

A digital nomad is someone who earns a living working online in various locations of their choosing (rather than a fixed business location). I'm currently doing this and you can too with [this guide!](#)

2



## TEACHING ABROAD

Teaching abroad is one of the most popular ways to work abroad, especially for young people. I taught abroad for three years and it took me to four different countries! There are so many resources available if you're interested in teaching abroad and [here's one](#) I made just for YOU.

3

4



## AU PAIR

An Au Pair is someone who helps with housework or child care in exchange for room and board in another country. Au Pairs sometimes also receive a small monthly stipend.

5

6

**Note: Choosing one type of travel does not mean you can't do others as well. For example, many people traveling off savings use work exchange/volunteer opportunities to minimize costs and maximize their budgets. You can also change your mind along the way and transition into another type of travel later on (I know, I've done it).**



03

## Research

A lot of research can go into figuring out where to travel or live abroad. Here are a few things to get you started:

- Culture
- Cost of living
- Taxes
- Language
- Weather
- Immunizations
- Housing
- Schooling
- Visas

04

## Connect with Other Nomads, Expats, or Immigrants

Traveling and moving to another country can be nerve racking, but finding community is one of the best ways to connect with other people in your new location. You can do this by joining Facebook Groups and connecting on social media.

05

## Figure Out Logistics

This may seem like the scariest part, but you prepared for this in Step 3 and 4. You've done your research, learned what others did before you, and now it's your turn. Some things to consider during this step are:

- Passports
- Pets
- Banking
- Belongings (selling, storing, etc.)
- Insurance
- Flights

06

## Say Goodbye and Take that Leap!

**WE OUT** This is the part we've been preparing for and it's going to be bittersweet. Now is when you break the news to family and friends if you haven't already and head to the airport. **YOU'RE READY!**